



Australian Football College

An Official Register Agency

for



Australian Government

Australian Sports Commission

TO DELIVER

Coaches Accreditations



National Coaching Accreditation Scheme (NCAS)

And

Officiating Accreditations



National Officiating Accreditation Scheme (NOAS).

Australian Football College

Telephone 1300 656 693 | Fax 1300 721 648 | E. admin@afc.edu.au | W. www.afc.edu.au



Coaching and Officiating Accreditations

The Australian Sports Commission's Coaching and Officiating Units provides National leadership in the development of coaching and officiating. Working in partnership with National Sporting Organisations (NSOs) and other partners, the objective of the Coaching and Officiating Units is to develop more and better coaches and officials at all level of Australian Sport.

Australian Football College (AFC) is a register as a Coaching and Officiating training agency on behave of The Australian Sports Commission to deliver the following courses:

- (1) Beginning Coaching General Principles
- (2) Introductory Level Officiating
- (3) Intermediate coaching General Principles program

All the above courses are accredited by the National Coaching Accreditation Scheme (NCAS) and the National Officiating Accreditation Scheme (NOAS).

Coaches Accreditations

(1) Beginning Coaching General Principles

The Beginning Coaching General Principles replaced the Level 1 orienteering course and has been developed to assist coaches to learn the basic skills of coaching. The course sets a minimum standard for all sports involved in the National Coaching Accreditation Scheme (NCAS).

This course is a joint initiative of Australian Football College and the Australian Sports Commission. The course is currently available to Australian coaches in all sport.

About the course

The course contains five modules, covering a range of general coaching topics including; the role and responsibilities expected of a coach, planning, safety, working with parents, communication, group management and inclusive coaching practices when working with people with disability or special population groups.

The course takes approximately **six hours** to complete, and there is assessment included within the course. This course is equivalent to Level 1 (NCAS).

Becoming an accredited coach

The course can provide the first step towards accreditation. Your national or state sporting organisation can provide more information on the sport specific requirements to achieve National Coaching Accreditation Scheme (NCAS) accreditation.

Course content

1. Role of the coach
2. Planning and reviewing
3. Risk management
4. The coach in action
5. Athlete development

Accreditation

On successful completion of the Beginning Coaching General Principles course, candidates are awarded the Australian Sports Commission's Certificate of Completion.

Coaches must complete the sports specific component and their practical coaching component to be eligible for accreditation with the National Coach Accreditation Scheme (NCAS).

(2) Intermediate coaching General Principles program

The Intermediate Coaching General Principles are a series of educational modules for coaches who want to improve their skills and knowledge. From 2008, the Intermediate Coaching General Principles program replaces the former Level 2 Coaching General Principles. It is aimed at coaches who have moved beyond the beginner level and are typically coaching at club or regional level. The course is delivered face to face and via correspondence.

About the course

The Intermediate Coaching General Principles includes a simple introduction to sports science concepts and further information on coaching pedagogy. The 13 modules in the program are:

1. The essence of coaching
2. Program management
3. Planning
4. Sports safety
5. Coaching processes
6. Inclusive coaching
7. Skill acquisition
8. Introduction to physiology
9. Basic anatomy and biomechanics
10. Development and maturation
11. Nutrition for sport
12. Sport psychology
13. Anti-doping in sport

The course takes approximately **twenty one hours** to complete, and there is assessment included within the course. This course is equivalent to Level 2 (NCAS).

Accreditation

On successful completion of the Intermediate Coaching General Principles course, candidates are awarded the Australian Sports Commission's Certificate of Completion. Coaches must complete the sports specific component and their practical coaching component to be eligible for accreditation with the National Coach Accreditation Scheme (NCAS).

Enrolling

Australian Football College offers to deliver the NCAS Beginning Coaching General Principles and Intermediate Coaching General Principles courses directly to groups in all states. We also offer the course by distance nationally.

To enrol in the course please visit our website www.afc.edu.au, or email admin@afc.edu.au or call our national office on 1300 656 693 for assistance.

Officiating Accreditations

Introductory Level Officiating

The Introductory Level Officiating General Principles program sets a minimum standard for all sports involved in the National Officiating Accreditation Scheme (NOAS). The documents below will assist in the development of sport specific NOAS training programs and, and the delivery of the Introductory Level Officiating General Principles.

The Introductory Officiating General Principles course has been developed to assist officials in learning the basic skills they will need to officiate effectively.

About the course

The course contains three modules, which cover a range of general officiating topics, including ethical responsibilities of officials, preparation for officiating, safety, communication, dealing with conflict and people management. The course takes approximately **four hours** to complete, and there is assessment included within the course.

Becoming an accredited official

The Introductory Officiating General Principles course can provide the first step towards accreditation. Your national or state sporting organisation can provide more information on the sport-specific requirements to achieve accreditation as an official.

How do these modules integrate with my sport's coaching accreditation system?

The Intermediate Coaching General Principles are included by many sports within their sport-specific accreditation programs. Check with your sport regarding which modules they require coaches to complete as part of a sport-specific accreditation.

Many sports will also provide updating points towards re-accreditation to coaches completing modules from the Intermediate Coaching General Principles.

Accreditation

It is recommended that all officials become accredited through the National Officiating Accreditation Scheme (NOAS). The NOAS is an initiative of the Australian Sports Commission (ASC). The NOAS is a progressive education program for officials offering courses at various levels, with over 40 sports participating. Contact your national sporting organisation for information on how to become an accredited official.

Enrolling

Australian Football College offers to deliver the NOAS Introductory Officiating General Principles course directly to groups in all states. We also offer the course by distance nationally.

To enrol in the course please visit our website www.afc.edu.au, or email admin@afc.edu.au or call our national office on 1300 656 693 for assistance.